

# Here's *How*

VOLUME LVIV ISSUE NO. 1  
JANUARY – FEBRUARY 2008

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## *Practicing the Principles in All Our Affairs*

### *Focusing on the Little Things*

Mark S.

When I found out that my Here's How topic would be "Practicing these principles in all our affairs", I was somewhat relieved. As AA topics go, this one is pretty benign (my heart always goes out to the people who get stuck giving leads on the obscure spiritual corners of our program). As I sat down to write, however, it occurred to me that my pairing with this subject was rather ironic. Earlier this week I uncovered a mistake at work, and it happens to be one of those unfortunate situations where no one else is even remotely implicated. When first faced with this dilemma, two thoughts instantly came to mind:

Fix it and don't tell anyone.

or

Don't fix it and don't tell anyone.

I called my sponsor that night, and he had one simple suggestion: "Just be honest." Deep down I already knew this to be the only valid option, but as with many things, my mind seeks out short-cuts and half-measures before finally settling down and accepting defeat.

In a nutshell, this story summarizes why I am here—if I made a mistake, I quit. If I did something embarrassing while drinking, I laid low for awhile. If I stole from someone or damaged their property, I made it a point not to see them again. If all of the bridges were burnt, I left town and went someplace else. The end result of this behavior was predictable: low self-esteem, fear of people and economic insecurity, and

intense self-pity. Take drinking away, and some of the consequences are muted (I no longer start fights or pee on furniture, for example). My old behavior patterns are still dangerous, though, and if I do not work to curb them, new fears and consequences begin to manifest themselves in unexpected ways.

The two AA steps that have been particularly useful to me in combatting dicey situations in everyday life are six and seven ("Were entirely ready to have God remove all these defects of character" and "Humbly asked Him to remove our shortcomings"). What it boils down to is this—if I am ready to let go of a harmful or destructive attitude, my higher power has the ability to take it away. He (or she or it) will not conveniently swoop down and remove my baggage as I sleep, but once I have faced something and am honestly ready to be rid of it, the burden can be lifted.

The best thing about this arrangement is that it is not only applicable to the intense moral and ethical struggles that people carry on their shoulders into the rooms of AA. Over the past five and half years, I have stopped chewing my nails, started taking the early train to work, and, most recently, made a commitment to get at least seven hours of sleep per night. These resolutions seem small in the broader context of alcoholism, but it took a certain level of pain before I was motivated to confront each underlying problem. Consider this—I have the choice to show up to work on time and well-rested or late and tired (with painful nubs). Remove alcohol, and the difference between who I am today and who I was when I came in is the result of many small, seemingly insignificant battles.

### *Health and Happiness*

Dawn H.

Little did I know about the AA program when I first stepped into the room on September 24, 2006. I thought this was a program in which I could graduate if I had good behavior. My decision to go that night was driven by fear and desperation. I thought I would be losing a second job as a result of my drinking. I hit my spiritual bottom having slept with six different men in a period of two months.

Life before the program was filled with restless discontent. In my prior life, I was a collegiate athlete very much in tune with my health and physical well being. This is where the "socially acceptable" binge drinking started. My drinking continued into my twenties and thirties usually on weekends at the clubs. Most times I drank until I vomited. I remember observing my friend being able to stop after two drinks while I had eight to ten. I would experience black outs on most nights not remembering how I got home. Many nights I drove home from Chicago to Indiana at 5 am grateful that I made it home and that I didn't cause an accident. I was torn living a dichotomous life, health care professional by day and party girl at night. I was a hypocrite and I knew it.

I was raised in a spiritual home with a wholesome upbringing. We attended church every Sunday as a family.

However, it is through the program of AA that I have reached spirituality like never before. I am so grateful I have instructions for living. I am practicing these principles of AA in my professional and personal life. When I am wrong, I promptly admit it. How simple is that! You mean I don't have to mentally beat myself up or obsess over it for days? I understand humility and human limitation. I don't have to be perfect but I will strive towards it. I have started mediating and just being present. Going to meetings has helped me to be more open with others and share my experiences. The AA program is not a ten week course that I attend, take an exam and pass, but a lifetime pursuit. My sponsor said my experience in AA will be an adventure. I'm so excited and grateful for my new life. I have goals I know I can accomplish if I continue on this path. Health and Happiness.

### *Practicing These Principles at All Our Affairs*

Tom C. (Chicago Area Archives)

In our twelfth step, we try to carry the AA message and practice these principles in all our affairs and as we all know this can take us in many different directions, from working with new comers to making coffee or service work on a committee.

The Chicago Area Archives has been busy practicing these principles at all our affairs! At the "We Are Not Saints Convention" held in Rosemont in January, this was evident by the awesome display in the main ballroom.

There were pictures of Bill and the "Little doctor who loved drunks" as well as some of the early members of Chicago AA. Display boards were

posted with documents of early AA and Chicago AA as well. The documents included copies of the first issue of Here's How, invitations and flyers for early events, etc. For anyone interested in learning more about how these early AA's practiced the principles of this program, you will find a great deal of information on it at our displays. Handouts on the history of the Chicago group, etc., were made available as well.

There were members of the Archives present of course to answer any questions that might arise and a list was kept for questions that we were unable to field right there and then with contact information for the follow up. A great deal of effort goes into setting this up and one member of the archives stayed at the convention for the duration of the event.

Of course the joy is in the journey not the destination. Those of us who were on hand for this event received all the benefits of hearing the great speakers and meeting the people who had traveled from other states or countries, as well as the local AA's who attended the convention.

A little lady from my home group used to say that "practice, practice, practice" is all that is required of us. We don't carry the message, we try! She has since gone home to meet her maker; sober, but those words still echo in my mind. In addition, there is the old saying "Practice makes perfect." We AA's might amend that to say "Practice makes Progress." The Archives are practicing progress at presenting these displays at all our affairs!

Please keep in mind that the archives has display boards to go, so if you wish to use a loaner display board for your meeting or event, please call the downtown office and inquire.

## *CASO Corner*

*By Laura Gonzalez, CASO Manager*

Practicing the Principles in All Our Affairs, I love that phrase. It is so easy to be on my best behavior in a meeting, near my sober friends at sober events... but once I think you're not looking I tend to push some principles aside – OUCH!!! I try to act as if my fellow A.A.'s were always near – it is all about me right? No, it is not. I am so grateful for those of you that I come into contact with every day, teaching me how to live a principled life. Because of people like you I get to live life with grace and dignity no matter where I am. When I happen to slip and not be so nice to someone, I go back and amend the situation. I am reminded I am not allowed to act up. I am a sober member of this fine fellowship – for that I am grateful.

Our Archives Committee has been diligently working on displaying our Area Archives. There are pictures on the walls with captions. You may also look at the magazine *Liberty* from September 30, 1939 with the article "Alcoholics and God". The Saturday Evening Post with the infamous Jack Alexander article (March 1, 1941) that helped spark interest about Alcoholics Anonymous nation wide. As a result of that article, thousands of inquires from all over the country poured into the small AA headquarters in New York. Volunteers had to come and help respond to the many letters. Some of the letters were sent to A.A. members and groups in their place of origin.

Imagine how long people had to wait before hearing back from a member of A.A. Today all you have

to do is pick up the telephone. We receive thousands of phone calls, e-mails and letters from those looking for help. Being the type of person that naturally wants things right now I do not know if I could have waited until I received a letter when I called the Chicago Area Service Office looking for help.

The bookstore is as busy as ever. Last year we processed over \$424,000.00 in sales. The fellowship is keeping Derek T., our bookstore clerk as busy as ever. I would like to thank you for your continued support. We are in the final stages of having the on-line ordering system in place. Until then you may call Derek T. directly at (312) 346-8451, fax in your order to (312) 346-5477, e-mail at bookstore@chicagoaa.org or mail in your order to 180 N Wabash Ave., Ste 305 Chicago, IL 60601.

Better yet come in to see us! If you have not had the chance to see your Chicago Area Service Office lately this would be a great opportunity. See the fabulous Archives Display, do some shopping, go to the AA meeting (12:10 M-F, 2:30 T & TH), or come in from the cold to warm up with a wonderful cup of AA coffee.

The General Service Delegate Pre-Conference Forum is being held Saturday, April 12th at Our Redeemer Church 304 W Palatine Road, Prospect Heights, IL. This is a free event - open to all. Have your voice heard and share your opinions with our Delegate to the General Service Conference. He will travel to the General Service Office in New York to help set policy for AA as a whole. Here is a sample of the action items up for review:

Discuss request that a Finance Kit be developed to assist group, Inter-

group/central offices, district and area service workers in carrying the message of our shared responsibility for the Seventh Tradition.

Discuss the A.A. Grapevine's legacy of self-support.

Consider a request to reinstate the pamphlet "Letter To a Woman Alcoholic."

Approve invitations for two observers from the General Service Board of Central Mexicana and two observers from the General Service Board and G.S.O. of Great Britain to attend the 58th General Service Conference.

Consider 2007 annual report from the trustees' Committee on Public Information regarding G.S.O.'s A.A. Web site.

These and many more action items will be discussed at this forum. This is our chance as members of AA to voice our opinions to our Delegate so that he may carry our voice to the 57th Annual General Service Conference.

Area 19 is hosting the Illinois State Conference. This is a 3 day event being held September 5, 6 and 7 2008. This conference will take place at the Crowne Plaza Hotel in Rosemont, IL. For flyers and registration please visit our website [www.ChicagoAA.org](http://www.ChicagoAA.org)

The 68th Annual All Chicago Open is to be held September 20th at the UIC Pavilion. This event commemorates the first A.A. meeting held here in the Chicagoland Area. There are usually over 5,500 attendees at this open meeting of Alcoholics Anonymous.

Thank you,

Laura Gonzalez  
Office Manager

## Here's How Newsletter

Here's How is published six times a year by the Chicago Area Service Assembly (CASA) of AA in the interest of greater unity of the 75,000+ members and 3,200+ groups in the Chicago/Suburban Area.

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### WE NEED YOUR STORIES!

Tell us about "what it was like, what happened and what it is like now." In upcoming issues, Here's How will publish your stories about:

#### Came to Believe

March – April Issue  
Last day for submission – March 31

#### Growth

May – June Issue  
Last day for submission – May 31

#### A Host of Friends

July – August Issue  
Last day for submission – July 31

**e-mail: [hereshow@chicagoAA.org](mailto:hereshow@chicagoAA.org)  
with submissions**

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## When All Else Fails...Just Surrender

John M.

It came to me at a meeting. I had already had my turn, and it had gone three or four persons past me when I suddenly had this overwhelming feeling of frustration.

I said to myself, "What am I hanging onto it for? I have screwed up my life pretty much, so why do I want to keep control of certain parts of it?" I give!

Then I said, "GOD, if you want it, take all of it. Whatever you want to do with my life is fine with me. Even if you want me to be a missionary to central New Guinea headhunters – anything you want. Just please take my life in its entirety. All I have ever done is screw it up."

And nothing happened. I left the meeting not knowing if anything had happened or would happen. But on the way home a guy cut me off in traffic, and I thought, "I wonder what God had in mind with that one." Well, I might understand someday. In the meantime, I am asking no questions. I started doing this in every situation when I could think of it, and started to sort of develop the habit. Or fake it 'til you make it.

The reason I had made this commitment in desperation was the fact that I had been back in the program for three months after a four-year relapse and was going to six meetings a week. I was emotionally miserable, and I guess spiritually, too, although I didn't know it.

I realized that my two previous sojourns with the AA program had seen me do the Third Step hundreds of times, but it never took. I turned it over, but God never took it. I had never let go of all of it. I wanted to keep on cheating, lying, stealing and so on. I just wanted God to handle all my problems.

This time was different. I gave my life and my will with complete abandon.

Then I tried to act as if I had no control. I hadn't been to any church in 30 years, and boiling to death in the mountains of New Guinea was the worst thing I could imagine.

I did not realize that my emotions had calmed down a degree, but nothing else seemed different for three months, when a major event occurred. I got fired from a job without warning and without cause, unless you consider downsizing a cause. In spite of experiencing minor shock symptoms, I went to my regular meeting and when it was my turn to talk, I said: "This morning I experienced what many would consider a tragedy, but I see it as the hand of God moving in my life, and I can't wait to see what He has got waiting for me around the next corner."

My life changed that day. I found another job in four days, making \$6,000 a year more than I had been making. It was a job I had never heard of, in an industry I didn't know existed. That was fourteen years ago, and I am still turning it over every day, because I know a miracle when I experience one.

Here is what I found out: There are no negotiated deals. No armistices. No terms of surrender. No secret mental reservations. There is only unconditional surrender – absolute; total. Complete abandon – just like it says in How It Works.

Take the Third Step. Make a decision. GIVE IT ALL UP!!

### THE CHICAGO ARCHIVES COMMITTEE IS CURRENTLY WORKING ON TWO NEW INITIATIVES:

The first one we call "The Chicagoland Group History Project" and we need your help! We would like for all the Chicagoland groups to submit group histories to us for this project by filling out a questionnaire (available on request). We suggest that you

have the oldest members of the group participate and please include contact information in case we need to follow up.

What's in it for you?

If we find related information on your group, we'll contact you and provide copies of historical documentation we find!

Our second effort is to adorn the walls and office space of CASO with historical artifacts and memorabilia. This project includes: hanging pictures of early members of the Chicago group, display cases containing Big Books and other memorabilia and the creation of posters for display of early flyers or pamphlets. We are planning two "In the Beginnings" open houses at CASO for all those who are interested in seeing and hearing the history of the Chicago group. As always all those interested are welcome to join our committee, every third Wednesday of the month from 6:45 – 8:30 at CASO. Chicago Archives Committee

### Here's How Would Like to Thank this Month's Volunteers

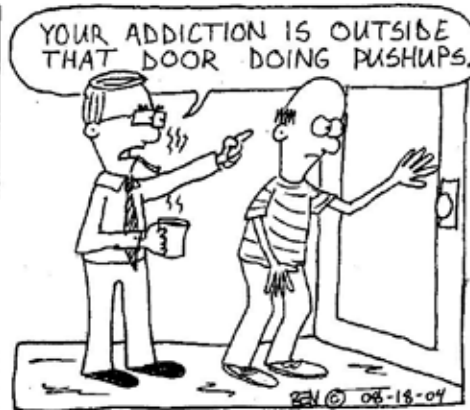
Alan R	Greg S	Omar U
Allison F	Gregory M	Pete B
Amanda	Holly B	Rachele O
Angela K	Isa V	Ray M
Anthony L	Jason H	Rickey O
Barbara U	Jeff R	Rita B
Bill B	Joe A	Rob F
Billy Mc	John C	Robin M
Bob C	Kevin B	Roger L
Bob K	Laura M	Roger N
Brien J	Lisa T	Ron C
Chris P	Lorie G	Ruben G
Dan D	Melanie E	Sam S
Dave H	Mike B	Sarah L
Dave L	Mike G	Sue S
Debora N	Mike R	Sydney A
Elizabeth S	Mike W	Trina S

PRACTICING THESE PRINCIPLES IN ALL OUR AFFAIRS

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| <u>G</u><br>Grade<br>Grant   | <u>T</u><br>Tell<br>Tense<br>Test<br>Think<br>Thoughts<br>Tour<br>Turn<br>Type   |
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LIFE: UNMANAGEABLE



Principles

Sara U.

It's an easy task to practice the principles for one hour out of my day. Two hours, if I show up to the meeting early and stay late. But outside of AA is where I find it really counts. After all, the purpose of AA is to teach us how to have a life outside of AA, is it not? All the little actions I have learned to take in Alcoholics Anonymous help me to be happier and more successful in life when I practice them on a daily basis. I used to go to meetings and plaster a smile on my face and white knuckle some patience and tolerance while I listened to newcomers talk about their days, and when I left the meeting I was scowling at people on the way to the train and avoiding all eye contact. What a different scenario it is now. When I leave my house in the morning, I make a decision to smile at people and say good Morning. When I get to the meeting I look for people to talk to, I'm happy to see them and hear about their lives, and grateful to be useful. I'm not sure which action came first, but I know that I have to keep the ball rolling by trying to live as God would have me for the Entire Day. Sometimes it's easy and sometimes it's not. And I have also found that I need to be consistent about my efforts to live a happily joyous and free life. I can't expect to sustain myself on short bursts of optimism and selflessness. I have to be always looking for ways to get out of myself and help others in whatever situation I find myself in, if I want to have any hopes of growing spiritually. I have the tools today, because of what I've learned in AA, to do things which were once impossible for me, such as walk through huge amounts of fear while looking people in the eyes and shaking their hand. I have a family that takes me on my word, where once upon a time they would sleep with their wallets. This

is a result of practicing the principle of honesty in my life. My life has been simplified now that I don't have to 'keep my stories straight' or worry about getting caught for something I've done. If I make a mistake, I take responsibility for my actions, and that not only gives me a greater sense of self-worth, but I know it gives others peace of mind as well. These are strange things for an incredibly self-centered, manipulative, and self-seeking alcoholic of my type to be thinking about. It still amazes me that I am capable of being concerned about how my actions can affect another person's peace of mind. My thinking has been completely rewired. I like it. Practicing the principles in AA has taught me how to show up for life, and showing up for life has given me more to share with others in AA.

**The Chicago Area Service Office would like to thank all of you and your groups for your generous contributions. Here is a portion of the meetings that have donated in 2007.**

**Because this list is so big we will have to print the rest in the next issue. Thank you!**

- 01-0615 Big Book Discussion
- 01-0616 Candlelight I
- 01-0619 DePaul Men's Group
- 01-0621 Agnostics Atheist & Anyone Else
- 01-0622 Atheist/Agnostic Free Spirit
- 01-0624 Grace Gay Group
- 01-0625 Grapevine Topic/Discussion
- 01-0626 Group 6
- 01-0627 Happy Hour #1
- 01-0628 Happy Hour #2
- 01-0637 Manor Group
- 01-0638 NBS Step Study
- 01-0641 One Hour
- 01-0644 Settlement Big Book Group
- 01-0646 Big Book Roulette
- 01-0647 3-D Step Tradition
- 01-0650 Women's Tuesday Step #1
- 01-0655 Gay Beginners
- 01-0657 Lincoln Park Area AA
- 01-0659 Sober Horizons
- 01-0661 Mamaroneck Group
- 01-0667 Wellington Group
- 01-0670 Came to Believe & 3rd & 11th Step
- 01-0675 Maintenance
- 01-0680 Usual Suspects
- 01-0681 Gratitude Meeting
- 01-0685 Young People Big Book
- 01-0706 Experience Strength & Hope
- 01-0721 A New Beginning (Women)
- 01-0725 Group 10
- 01-0726 Wellington Step St
- 01-0730 Women's Disc. Step

- 01-0731 Women's Twelve Step
- 01-3704 Wanderers 086A
- 01-4025 Open Discussion
- 01-4049 Goubeaux
- 01-4409 Saturday Big Book Study
- 01-4456 California Group
- 01-4604 Friday Nite Newcomers
- 01-4616 Keep it Simple Big Book
- 01-4986 86 A 2
- 01-6085 11th Step
- 01-6250 Chapter 7
- 01-6392 Charlie's Group
- 01-6697 Common Solution
- 01-7867 New Start
- 02-0249 North Michigan
- 02-1562 Desplains Home Group #3
- 02-1563 Des Plaines #6 Wanderers
- 02-1573 North District Beginners
- 02-1575 Group #1
- 02-1589 Sunday In The Park
- 02-1591 Park Ridge Home Group
- 02-1615 Serenity Seekers Women
- 02-1617 First Step House
- 02-1618 First Step House
- 02-1619 First Step House
- 02-1620 First Step House
- 02-1621 First Step House
- 02-1622 First Step House
- 02-1623 First Step House
- 02-1624 First Step House
- 02-1625 First Step House
- 02-1626 First Step House
- 02-1627 Bust Outs
- 02-1628 First Step House
- 02-2194 Wanderers 008
- 02-2818 A2-02 Group
- 02-2819 Better Half
- 02-2820 Candlelight IV
- 02-2824 Central Park North East

- 02-2826 Flying Fortress II
- 02-2827 Foster Park
- 02-2828 Group North
- 02-2839 The Cuckoos Nest
- 02-2840 9 1/2 Greenleaf South
- 02-2846 St. Nick Big Book II
- 02-2851 12 & 12
- 02-2852 Unity Big Book
- 02-2859 On The Rocks Group
- 02-2864 Group 86B
- 02-2882 North Shore Sat. Open
- 02-2884 Twelfth Step
- 02-2887 Wilmette 'A' Home Group
- 02-2890 Tuesday Night Step
- 02-2896 The Phoenix Wanderers
- 02-2899 Blithe Spirits
- 02-2901 One Two Three Step
- 02-2904 Clearing The Air
- 02-2907 Winning Circle
- 02-2914 Beginners 1,2,3
- 02-2965 Fog Lifters
- 02-2967 Winning Circle
- 02-4087 First Step House
- 02-4237 Monday Night Women Step
- 02-6009 Reflections
- 02-6374 First Step House
- 02-6375 First Step House
- 02-6376 First Step House
- 02-6377 First Step House
- 02-6378 First Step House
- 02-6417 Evanston Amethyst Group
- 02-6991 Bring Your Own Big Book
- 02-7902 RGS (Restless God Seekers)
- 02-8003 As Bill Sees It
- 03-1490 Tuesday 12&12
- 03-1607 Gratitude Group
- 03-1611 Men's Countryside
- 03-1615 Serenity Seekers Women
- 03-1637 Men's Priority
- 03-1694 Deerfield A Group
- 03-1697 Tuesday Night Beginners
- 03-1705 Shermer Women's Daytime
- 03-1708 John's Park Group
- 03-1709 Friday Nite We Care
- 03-1719 Early Birds
- 03-1723 Dave's Den
- 03-1726 Glenview West II
- 03-1727 Sleepy Hollow 12 Step
- 03-1728 Smoke Deflectors
- 03-1729 Happy Hour
- 03-1730 Dry Dockers
- 03-1731 Noon Meeting
- 03-1741 Church Street Regulars
- 03-1750 Lake Bluff
- 03-1756 Friday Night
- 03-1763 Thursday Nite Men
- 03-1774 Wanderers 45
- Mundelein
- 03-1778 St. Norbert Rect
- 03-1779 Northbrook
- 03-1782 Northbrook River Trail
- 03-1784 Sunny Morning Open
- 03-1786 Tuesday Night Step
- 03-1801 Wanderers 043
- 03-1803 Hubbard Woods
- 03-1805 Tuesday Night Men
- 03-1806 24 Hour Book
- 03-1813 Monday Nooners
- 03-1816 Sunday Morning Wanderers
- 03-1825 Big Book
- 03-1835 Sunday Night Group
- 03-1838 Thursday Noon Step
- 03-1851 Step Group
- 03-1920 12 Step Study
- 03-1988 Sun Afternoon
- 03-3648 Thursday Immaculate Conception
- 03-3799 St Joseph Step
- 03-3830 Monday Night Big Book
- 03-4396 Sleepy Hollow 12 Step
- 03-4421 Northbrook Women's 12 Step Group
- 03-4599 Friends Of Bill W
- 03-4600 24 Hour A Day Book
- 03-4988 "As Bill Sees It" Men's Disc

- 03-6313 Women's Serenity 101 Group
- 03-6361 As Bill Sees It
- 03-6362 Men's Meeting
- 03-6403 Beginner's Group
- 03-6521 Men's Promises
- 03-7667 As Bill Sees it
- 03-7922 Women's 24 Hour a Day
- 04-0491 Steppin' With Traditions (12X12 S
- 04-0598 Martha Speaker
- 04-0600 Martha Big Book
- 04-0601 Martha Beginners-Mixed
- 04-0602 Martha Open 12 & 12
- 04-0604 Martha Women's Speaker
- 04-0606 Martha 12x12
- 04-0607 Martha Men Speaker
- 04-0608 Martha Women Speaker
- 04-1211 Alkies Only
- 04-1213 Ardmore Acceptance Step
- 04-1216 Discovery and Recovery
- 04-1219 Fireside Group
- 04-1237 Sauganash Time Out
- 04-1241 Tower Step
- 04-1247 Monday Nite Women's Group
- 04-1275 Steve I's Big Book Study Group
- 04-1305 Smoke Free
- 04-1349 Ardmore Acceptance
- 04-4410 12 & 12 @ Hoyme & LeMoyné
- 04-4416 Hoyme & LeMoyné Big Book Study
- 04-6173 12 Steps
- 04-6256 Alive & Grateful
- 04-6399 Chicago Foxhall
- 04-7508 Beacon House Big Book Study Group
- 04-7840 Spiritual Foundation Group
- 04-7964 Russian Group
- 05-1141 Together We'll Make It-Candlelight
- 05-1157 Park Your Manor
- 05-7978 Together We'll Make It-Candlelight
- 06-0899 Belfry (Men)
- 06-0904 Beverly Woods Restaurant
- 06-0914 Chatham I
- 06-0915 Chatham VI
- 06-0916 Chicago Lawn
- 06-0931 Hilltop
- 06-0933 Honesty Group
- 06-0936 Midway Kitchen Table
- 06-0937 Mt. Greenwood Kitchen Table
- 06-0938 Mt Greenwood Kitchen Table
- 06-0939 Mt. Greenwood Saturday
- 06-0943 NW Beverly II
- 06-0948 Ridge Park (bkfst 9am)
- 06-0952 St. Margaret's
- 06-0964 Cenacle Group
- 06-0965 Sunday Nite Step\*
- 06-0970 Sat Night Alive Step
- 06-0980 St. Daniel's Sun Nite Step
- 06-0983 SW Beverly I
- 06-0985 Primary Purpose
- 06-0986 Genesis Group
- 06-0990 Early on Thursday
- 06-1001 Century-"The Castle"
- 06-1009 Evergreen #1
- 06-1010 Big Book
- 06-1011 Sat Morning Alive
- 06-1013 The Zoo
- 06-1023 Men's Curmudgeon
- 06-1024 Poor Men's Breakfast
- 06-1055 Big Book
- 06-1060 Lost Outpost
- 06-1075 Saturday Night Open
- 06-1124 Eye Opener
- 06-1127 Marquette Park
- 06-1133 Open Candle Light Sunday Group
- 06-1325 Fellow Travelers
- 06-4023 Oak Lawn Big Book Group
- 06-4027 Tradition Three
- 06-4222 What Topic
- 06-4443 Little Christmas
- 06-4470 Sat Morning Big Book
- 06-4551 Campbell on Kedzie
- 06-4956 Bugs Moran Big Book Mtg

- 06-5004 12 Steps to Serenity
- 06-5039 Girls Night Out
- 06-5051 It's in the Book Group
- 06-6122 Saturday Nite Battery Charger
- 06-6269 Into Action Group
- 06-6430 Wanderers #37
- 06-6450 Loose Nuts
- 06-6522 Discussion
- 06-6523 Discussion
- 06-6525 Discussion
- 06-7692 Twelve Giant Steps
- 06-7824 The "Nooner"
- 06-7972 St Rene's Wednesday Big Book
- 07-1234 St Hubert Sunday morning
- 07-2063 Hill toppers
- 07-2085 Brentontown Fellowship
- 07-2553 Living Free
- 07-2556 Eastside II
- 07-2564 The Park West Group
- 07-2567 Friday Big Book
- 07-2574 Tolentine
- 07-2579 Thursday Afternoon Women
- 07-2581 Genesis II
- 07-2585 Rise & Shine Group
- 07-2586 Rise & shine
- 07-2590 Tasters Choice
- 07-2592 Lamplighters too
- 07-2593 Lansing #1
- 07-2595 Percolators 1
- 07-2597 WANA Grp
- 07-2598 Harbor Lights Group
- 07-2606 Cement Heads
- 07-2610 Believers & Others
- 07-2612 Avalon I
- 07-2617 Traveling Big Book
- 07-2618 Park Forest Stag A
- 07-2638 Steger Everyday People Group
- 07-2639 Windmill 1
- 07-2640 Windmill 2
- 07-2642 Windmill 4
- 07-2656 Alive & Sober II
- 07-2658 The Joy of Living Club
- 07-2659 Lost & Found
- 07-2679 Progress Not Perfection
- 07-2685 Lansing Life I
- 07-2695 Early Birds
- 07-2697 Big Book Study
- 07-2713 Early Birds
- 07-2715 Big Book
- 07-2716 Getting Out Of Ourselves
- 07-2729 Early Birds
- 07-2742 12 & 12
- 07-2752 Mon Night Big Book
- 07-2756 Open
- 07-2764 Alpha
- 07-2767 Optimists
- 07-3840 Our Primary Purpose (AA)
- 07-4042 Renegades
- 07-4086-By The Numbers
- 07-4150 Tuesday Morning Miracles
- 07-4206 Basic Training
- 07-4343 Steelworkers
- 07-4360 Final Frontier
- 07-4594 God As We Understand Him
- 07-5002 We Can You Can
- 07-5103 Sober On Saturday
- 07-6114 Promises Group
- 07-6160 Expect A Miracle
- 07-6371 Lincolnway Kitchen Table
- 07-6484 Wanderers 70
- 07-7930 Wanderettes
- 08-0218 Helping Hand Mission
- 08-0739 Resurrection 12&12
- 08-0745 Sober Now
- 08-0746 Sober Now Beginners Step 1,2,3
- 08-0770 Ex-Offenders
- 08-0786 Topic & Discussion
- 08-0821 New Ladies of Today
- 08-1190 Into Action
- 08-1320 Foster Canfield
- 08-2171
- 08-4163 Noble Square
- 08-4416 Beginners Steps 1,2,3
- 08-4494 3rd Tradition
- 08-5005-Rush at Noon
- 08-5046 For Every Woman
- 08-6358 Check Yourself
- 08-7776 The Family
- 08-7818 Saturday Sobriety Group
- 08-7834 Why We Were Chosen
- 08-7893 Happy, Joyous and Free
- 08-7970 Women Living in the Solution
- 09-0003 Wednesday Berwyn Group
- 09-0008 Monday AM
- 09-0009 Upper Room Big Book
- 09-0010 'WE' Group
- 09-0012 Wanderers Twelve
- 09-0015 Carry the Message
- 09-0023 Hawthorne
- 09-0029 North Lake Group
- 09-0030 Annex
- 09-0031 Ascension
- 09-0035 Friday Big Book
- 09-0036 Living Room
- 09-0038 Marion Group
- 09-0039 Unity One Day At A Time
- 09-0040 Village Mallers
- 09-0042 Acorn
- 09-0046 Bob K Memorial
- 09-0050 Big Book Discussion
- 09-0058 We Are Now Group
- 09-0060 Choices Step
- 09-0069 Turning Point
- 09-0077 Early Birds
- 09-0105 Hardheads #1
- 09-0139 T&T Group
- 09-0140 T&T Group
- 09-0141 Early Birds
- 09-4407 St. Paul's Friday Night
- 09-4952 Seeds of Faith
- 09-6084 Grateful 12 & 12
- 09-7877 8 05 Meeting
- 09-7934 Young People Beginners Meeting
- 100-1101 YANA
- 100-1175 Lamplighters 3
- 100-1218 Steel City Group
- 100-1223 Friday Night Recovery
- 100-1477 Let It Begin With Me
- 100-2092 Pathfinders
- 100-2093 Serendipity
- 100-2193 Wanderers 007
- 100-2194 Wanderers 008
- 100-2226 No Nonsense Group
- 100-2235 Cary Grove
- 100-2243 Saturday AM Little Red Door
- 100-2262 Hangover At Hanover
- 100-2272 Lake Zurich
- 100-2295 Rolling Meadow Group No. 1
- 100-2344 Wonderlake Thu AM
- 100-2350 Winners/Begginners
- 100-2361 Sauk Village Discussion
- 100-2503 Friday AM Eye-opener
- 100-2625 Spiritual Themes in Recovery
- 100-2661 Monee Moaners
- 100-3001 Highlanders
- 100-3011 Saturday Night Specials
- 100-3032 Spinning Wheel Nooners
- 100-3043 Kitchen Table
- 100-3059 Genesis II
- 100-3085 Washington Ardmore
- 100-3105 Thu Nite Stepping Stones Group
- 100-3129 Thu Night Big Book Disc
- 100-3147 Thurs Niter Meeting
- 100-3206 Villa Park Step
- 100-3243 Straight
- 100-3839 Sober Not Somber
- 100-3954 How & why Group
- 100-3985-Step Into Serendipity/

EVENTS & ANNOUNCEMENTS

# 58th Annual General Service Conference (GSC) Pre-Conference Forum

Sponsored by Area 19; Hosted by District 12

## Communication & Participation The Key to Unity & Self-Support

Have your voice heard when the Area 19 delegate travels to New York to help set policy for AA as a whole!

All members of the fellowship are welcome – attend and participate!

### Highlights of the Pre-Conference Forum agenda include:

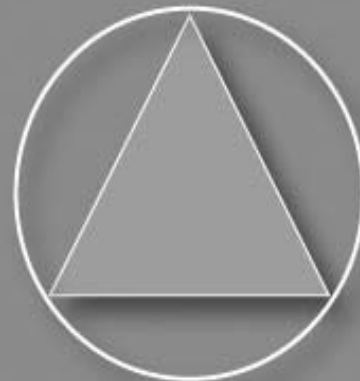
- Sharing from Warren Stafford, staff member from the General Service Office in New York
- Breakout groups to review and discuss GSC agenda items
- Potluck and Don Bennitt's Famous Chili!
- Reports and discussion in the General Service Conference format – see the group conscience in action!

**Saturday, April 12, 2008**

Our Redeemer Church  
304 W. Palatine Road  
Prospect Heights, IL

**10am to 5pm**

For more info contact Mike A. 773.905.3059 or Norman M. 312.925.7323



**FREE!** This event is free! Please pre-register to receive advance materials to review before this pre-conference forum. This will allow all to make informed decisions. Remember this year's GSC theme: Communication & Participation: The Key to Unity & Self Support

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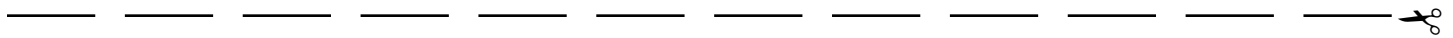
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